

# FITNESS CENTER

# 17

Resident rate is for Hickory Hills, Palos Hills, & Burbank Residents.

<u>Annual Membership</u>	<u>Resident</u>	<u>Non-Res.</u>	<u>Program #</u>
Individual (16 - 61 years)	\$195.00	\$260.00	841894-01
Husband/Wife or couple with formalized commitment agreement in the same household	\$285.00	\$385.00	841894-01
*Additional Family Member	\$90.00	\$125.00	841894-01
Senior (62 years and over)	\$115.00	\$155.00	851893-01
Senior Husband/Wife	\$180.00	\$220.00	851893-01
<b>6 Month Membership (Consecutive Months)</b>	<b>\$130.00</b>	<b>\$165.00</b>	<b>841894-02</b>
6 Month Membership (consecutive, husband & wife)	\$200.00	\$270.00	841894-02
6 Month Membership *Additional Family Member	\$70.00	\$105.00	841894-02
<b>Winter Break College Students (December 15 - January 12)</b>	<b>\$25.00</b>	<b>\$30.00</b>	<b>841894-05</b>
<b>Hydro Massage Wellness - 3 Months Unlimited (Fitness Member)**</b>	<b>\$25.00</b>	<b>\$25.00</b>	<b>841802-01</b>
<b>Hydro Massage Wellness - 3 Months Unlimited (Non-Fitness Member)**</b>	<b>\$35.00</b>	<b>\$35.00</b>	<b>841802-01</b>
<b>Guest Pass (Valid on date of purchase only)</b>	<b>\$6.00</b>	<b>\$8.00</b>	<b>841894-03</b>
<b>Daily Punch Card (6 Punches) *No Refunds or Credits on Punch Cards</b>	<b>\$36.00</b>	<b>\$48.00</b>	<b>841894-04</b>
<b>Walking Track Membership</b>	<b>Resident</b>	<b>Non-Res.</b>	<b>Program #</b>
Individual (16 - 61 years)	\$65.00	\$90.00	841855-01
Senior (62 years & over)	\$50.00	\$90.00	851856-01
<b>Daily Pass Individual</b>	<b>\$2.00</b>	<b>\$3.00</b>	

**Memberships, unless otherwise stated, are good for one year after date of registration.**

**Fitness Center Holiday Hours**

September 3 8:00 a.m. - 12 Noon

November 22 8:00 a.m. - 12 Noon

November 23 5:30 a.m. - 6:00 p.m.

**Fall Fitness Center / Walking Track Hours (September 3 - December 21)**

Monday - Friday - 5:30 a.m. - 10:00 p.m.

Saturday - 7:00 a.m. - 4:00 p.m.

Sunday - 8:00 a.m. - 3:00 p.m.

**MEMBERSHIP CATEGORIES INCLUDE:**

**Fitness Center Memberships** - Includes fitness center, locker rooms, & walking track access.

**Walking Track Memberships** - Allows member access to walking track & locker rooms only.

**Individual Members** are defined as adults 16 and over.

**\*Additional family members** are defined as children (14-24 years) residing in the same household. All family memberships will expire on the same date.

**If you have any special medical concerns (including pregnancy), consult your physician before using the walking track and/or fitness center equipment.**

**Absolutely no refunds/credits will be made on any memberships or daily passes**

To replace a lost or stolen fitness center card, the fee is \$7 per card.

**Personal Training 841891-01**

Our personal trainer, Kristin Hass, will contact you to set up a meeting time and program to fit your needs. You may choose one session or up to any number of sessions with your trainer. Training will take place at the Krueger Park Fitness Center, once you have signed up as a fitness member. Please bring your receipt to your first training session. Training sessions are non-transferable and expire 90 days after sign-up. **NOTE: Your money will not be refunded if you cancel with less than 24 hours notice of your appointment.**

**The fee for (1) one hour session is \$34. A session can be divided up into two 30-minute sessions.**

**Locker Rental Fees:**

Resident: 6 Months	\$15	Men's	801800-01
		Women's	801800-02
Non-Resident: 6 Months	\$20	Men's	801800-01
		Women's	801800-02

**Hydro Massage Raffle**

Between September 4 - December 27, every time you sign up and pay for using the hydro massage, you will receive a raffle ticket(s). Must register at Krueger Park Recreation Center.

Single Use Hydro = 1 Raffle Ticket

Unlimited 3 Month = 5 Raffle Tickets

**NOTE: Winner will be announced Friday, December 28. Winning prize will be a \$50 gift card to Prime Time Restaurant. Good luck to everyone!**

**Sore Muscles? Stress?**

Relax and refresh with a warm water massage!

Membership	Unlimited 3-month	Single use
	15 minutes (once per day)	15 Minutes (each use)
Fitness Members	\$25	\$4
Non-Members	\$35	\$5