

# TUMBLEBEAR GYMNASTICS

All FALL Gymnastic classes:

**Dates: Session I: September 10 - October 15**

**Session II: October 22 - November 26**

**Session I: December 3 - January 21**

**Day:** Monday

**Instructor:** Tumblebears Gymnastics, Inc.

**Location:** Krueger Park Gym, 9100 S. 88th Ave.

**No classes on December 24 & December 31.**

Gymnastics participants must be of age before the first class date.

It is suggested that if you plan on attending all sessions that you register for all sessions at one time to avoid losing your spot.

**ATTIRE:** Long hair should be secured back. Students should wear comfortable, stretchable clothing, gym shoes, and **no** blue jeans, **no** jean shorts, **no** skirts.



## Parent & Tot

This program is an introductory gymnastics class which involves the participation of an adult for child support and encouragement. Our classes include the gymnastic events of balance beam, bars, tumbling, and vaulting while also working on hand-eye coordination, colors, motor skills, strength, flexibility, coordination, and balance. Our instructors follow a weekly curriculum which this fall will include themes such as Outer Space, Cartwheel Carnival, Zoonastics, Western Week, and many more. Great class to meet and make new friends and spend quality time with your child. Don't miss out on the fun! **No class on December 25 & December 31.**

<b>Time:</b>	<b>Session I:</b>	<b>10:30 - 11:05 a.m.</b>	<b>211249-01</b>
	<b>Session II:</b>	<b>10:30 - 11:05 a.m.</b>	<b>211249-02</b>
	<b>Session III:</b>	<b>10:30 - 11:05 a.m.</b>	<b>311349-01</b>

**Ages:** 1 - 3 years (must be able to walk)

**Min/Max:** 6/14

**Fee/Session:** \$54 Resident; \$59 Non-Resident

## School Age Gymnastics

Gymnastics is a sport that helps develop fitness, character, and self esteem. To ensure safe and continual progress we teach gymnastics skills in a thorough and progressive manner. Our instructors follow a weekly curriculum to ensure each child is learning at his/her pace. It is our goal to help develop a positive self image and self confidence in every student we teach. Comfortable clothing and gym shoes are required. Join the fun!!

**No class on December 24 & December 31.**

<b>Time:</b>	<b>Session I:</b>	<b>3:45 - 4:30 p.m.</b>	<b>221251-01</b>
	<b>Session I:</b>	<b>4:30 - 5:15 p.m.</b>	<b>221251-02</b>
	<b>Session I:</b>	<b>6:00 - 6:45 p.m.</b>	<b>221251-03</b>
	<b>Session II:</b>	<b>3:45 - 4:30 p.m.</b>	<b>221251-04</b>
	<b>Session II:</b>	<b>4:30 - 5:15 p.m.</b>	<b>221251-05</b>
	<b>Session II:</b>	<b>6:00 - 6:45 p.m.</b>	<b>221251-06</b>
	<b>Session III:</b>	<b>3:45 - 4:30 p.m.</b>	<b>321351-01</b>
	<b>Session III:</b>	<b>4:30 - 5:15 p.m.</b>	<b>321351-02</b>
	<b>Session III:</b>	<b>6:00 - 6:45 p.m.</b>	<b>321351-03</b>

**Ages:** 5 - 12 years

**Min/Max:** 5/14

**Fee/Session:** \$55 Resident; \$60 Non-Resident

## Pre-Nastics

This is a progressional gymnastics program where our classes include the gymnastic events of balance beam, bars, tumbling, vaulting while also working on overall fitness, motor skills and movement education activities. Our instructors follow a weekly curriculum which this fall will include themes such as Outer Space, Cartwheel Carnival, Zoonastics, Western Week, and many more. Our program allows the child to learn at an individual pace in a positive and safe class setting. We work hard to bring out the best in each child. Join the fun!! **No class on December 25 & December 31.**

<b>Time:</b>	<b>Session I:</b>	<b>11:10 - 11:45 a.m.</b>	<b>211250-01</b>
	<b>Session I:</b>	<b>5:15 - 5:50 p.m.</b>	<b>211250-02</b>
	<b>Session II:</b>	<b>11:10 - 11:45 a.m.</b>	<b>211250-03</b>
	<b>Session II:</b>	<b>5:15 - 5:50 p.m.</b>	<b>211250-04</b>
	<b>Session III:</b>	<b>11:10 - 11:45 a.m.</b>	<b>311350-01</b>
	<b>Session III:</b>	<b>5:15 - 5:50 p.m.</b>	<b>311350-02</b>

**Ages:** 3 - 5 years

**Min/Max:** 6/14

**Fee/Session:** \$55 Resident; \$60 Non-Resident

**NOTE:** No gymnastic classes on December 24 & December 31.