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Mature Adult

Left, Center, Right

146121-01

LCR, short for "Left, Center, Right", is a simple dice game to play. Participants roll three dice marked with 3 individual dots, Left, Center, and a Right. The point of the game is to roll a dot(s) in order to win the game. You will be treated to pizza, popcorn, refreshments, and a chance to win some fabulous prizes. **NOTE: Beginners are welcome.**



Day & Date: Friday, July 21

Time: 7:00 - 9:00 p.m.

Ages: 21 Years and Up

Location: Krueger Park Activity Room C

Min/Max: 10/24

Fee: \$9 Resident (per person);
\$11 Non-Resident (per person)

Gentle Flow Yoga

De-stress, relax, chill out with gentle flow yoga. Chair Yoga is a unique yoga style that adapts yoga positions and poses through creative use of a chair. The chair replaces the mat and becomes an extension of the body. Bring nothing with you (except water, if desired) and don't forget anyone can practice yoga regardless of age, experience, or level of flexibility - we can all benefit from yoga. **NOTE: No class May 29.**

Dates: May 15 - June 26 **151120-01**
July 10 - August 14 **151120-02**

Day: Monday

Time: 5:15 - 6:15 p.m.

Ages: 50 years & up

Instructor: Debbie Sernus

Location: Krueger Park Activity Room A&B

Min/Max: 10/24

Fee: \$43 Resident; \$48 Non-Resident

Bingo Night

Enjoy a refreshing beverage with snacks and box dinner while you engage in a variety of bingo games (18-25). Prizes will be awarded for each game winner. The last game will be a "Cover All" for a chance to win a fabulous "Grand Prize". Sit down & enjoy the company of your friends as we'll do the rest. Every player will get to create their own Bingo card for the grand prize game! **NOTE: Every player will receive multiple cards. Fee includes prizes, snacks, cookies, refreshments (coffee, pop, & water), and a box dinner.**



Day & Date: Tuesday, June 20 **155175-01**
Tuesday, August 8 **155175-02**

Time: 6:00 - 8:00 p.m.

Ages: 21 years & up

Location: Krueger Park Activity Room A&B

Min/Max: 30/70

Fee: \$16 Resident; \$17 Non-Resident

Fiddler's Fling

156117-01

Join us for a special summer luncheon at Krueger Park Recreation Center. After a delicious lunch & dessert, we will enjoy a special performance by 24 talented High School musicians. This exciting show will last 60 minutes. Sign up early for this special event!

Day & Date: Tuesday, June 27

Time: 12 Noon - 2:00 p.m.

Ages: 50 Years and Up

Location: Krueger Park Gym

Min/Max: 70/70

Fee: \$8 Resident; \$9 Non-Resident



Easy Does It

This exercise class opens with a warm-up (8-10 minutes), which includes range of motion exercise and stretching to increase flexibility. This is followed by a 20-minute low impact "aerobic" segment to improve cardiovascular fitness. Class ends with toning, firming, and more stretching. **NOTE: Hand weights will be available. No class July 4. On May 30 & June 1, classes will be held at Krueger Park.**

Date: May 9 - June 8 **153107-01** **Ages:** 50 years & up
June 20 - July 25 **153107-02** **Instructor:** Sue Hicks
August 1 - August 31 **153107-03** **Location:** Cynthia Neal Center
Day: Tuesday & Thursday **Min/Max:** 12/34
Time: 9:00 - 10:00 a.m.
Fee: \$33 Resident; \$38 Non-Resident or \$40 Punch Card (10 Visits, Expires 8/31/17)
Pay at the Door - \$5 per person ***No Refunds or Credits on Punch Cards**

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Dominoes

This is an easy game with simple rules, but the fun is limitless. Lunch/dinner will be served and tournament play will begin after the meal. **NOTE: Fee includes coffee, soda, lunch, & prizes.**

Day & Date: Friday, June 30 **156116-01**

Time: 4:00 - 7:00 p.m.

Day & Date: Thursday, July 27 **156116-02**

Thursday, August 17 **156116-03**

Time: 11:30 a.m. - 2:30 p.m.

Ages: 25 years & up

Location: Krueger Park Activity Room A&B

Min/Max: 20/35

Fee: \$8 Resident; \$9 Non-Resident

Progressive Rummy

Progressive Rummy is a very easy game to learn. Only straights and three, four or five of a kind are used in this game. Each hand has a different wild card. Everyone usually catches on quickly. Register for this enjoyable day at Krueger Park. **NOTE: Fee includes coffee, soda, lunch, & prizes.**

Day & Date: Tuesday, June 13 **156145-01**

Time: 4:00 - 7:00 p.m.

Day & Date: Friday, July 7 **156145-02**

Monday, August 21 **156145-03**

Time: 11:30 a.m. - 2:30 p.m.

Ages: 50 years & up

Location: Krueger Park Activity Room A&B

Min/Max: 20/35

Fee: \$8 Resident; \$9 Non-Resident

Pinochle & Pizza

Pinochle is a very easy game to learn. If you enjoy a challenge or just love playing cards, this evening will be a blast. Join us for a relaxing day of cards at Krueger Park Rec. Center. **NOTE: Fee includes coffee, soda, dinner, & prizes.**

Day & Date: Thursday, May 25 **156102-01**

Friday, July 14 **156102-02**

Time: 6:00 - 7:30 p.m.

Ages: 50 years & up

Location: Krueger Park Activity Room C

Min/Max: 8/30

Fee: \$8 Resident; \$9 Non-Resident