

S.T.E.A.M. Lab**426412-01**

Have an interest in science or creating experiments then dive into science during this fun, explosive, bubbling, colorful, and exciting new class! All children become engineers as they explore different topics, including Science, Technology, Engineering, Art and Mathematics. Each week, children will conduct exciting experiments and challenges that require critical thinking.

Dates: February 18 - March 18
Day: Tuesday
Time: 4:30 p.m. - 5:30 p.m.
Ages: 5-8 years
Location: Krueger Park Activity Room A & B
Min/Max: 8/12
Fee: \$45 Resident, \$50 Non-Resident

Among Us Real Life Experience 406409-01

Does your child love the game Among Us? If so, we have the program for you! Come join us in a one-day program where we play the game Among Us around the park! We will explain the rules and concepts of the game and then have the kids recreate the game in real life! At the end of the game we will provide pizza and a drink for your child.

Day & Date: Monday, March 10
Time: 6:00 p.m. - 7:30 p.m.
Ages: 8-12 years
Location: Krueger Park Gym
Min/Max: 10/20
Fee: \$19 Resident, \$21 Non-Resident

MMA - Mixed Martial Arts

Students will train in a positive atmosphere, learn how to defend themselves and gain valuable life skills – all while having fun! This is done through our structured monthly curriculum. Students will focus on Boxing, Kickboxing, Jujitsu and Wrestling technique each month, as well as two “Mat Chat’s” where we cover important lessons such as focus, confidence, and gratitude.

Dates: Session I: January 9 - February 27 321308-02 **Ages:** 5-11 years
 Session II: March 13 - May 1 421408-01 **Location:** Krueger Park Gym South
Day: Thursday **Min/Max:** 6/20
Time: 6:00 p.m. - 7:00 p.m. **Fee:** \$114 Resident, \$119 Non-Resident

I've Got Game

Kids will become familiar with passing, dribbling, shooting and the basic rules of the game. Teamwork, good sportsmanship, and fun are all stressed in this exciting class. **NOTE: Fee includes a t-shirt.**

Dates: January 8 - February 19 321323-01
 March 5 - April 16 421423-01
Day: Wednesday
Time: 5:00 p.m.- 6:00 p.m.
Ages: 7-9 years
Location: Krueger Park Gym South
Min/Max: 8/15
Fee: \$52 Resident, \$57 Non-Resident

Rim Seekers

This 7 week class is the perfect class for the future basketball star. This class is going to be game based so your child will get to know the flow of playing in a real basketball game. Games will be played every week and will be paused throughout the game for teaching. Other games like 3pt contests, knockout, and free throw contests will also be played. Team work, good sportsmanship and fun are all stressed in this exciting class.

NOTE: Fee includes a t-shirt.
Dates: January 8 - February 19 321378-01
 March 5 - April 16 421478-01
Day: Wednesday
Time: 5:00 p.m.- 6:00 p.m.
Ages: 10-14 years
Location: Krueger Park Gym North
Min/Max: 8/15
Fee: \$52 Resident, \$57 Non-Resident

Creative Horizons**426401-01**

In this mixed media art class children will learn about painting, drawing, and sketching using watercolors and oil pastels. They will create new projects each week by different artists all over the world. All tools and materials will be provided by Hickory Hills Park District.

Date: February 6 - March 6
Day: Thursday
Time: 5:45 p.m. - 6:45 p.m.
Ages: 7-12 years
Location: Krueger Park Activity Room C
Min/Max: 6/12
Fee: \$43 Resident, \$48 Non-Resident

Hit & Run ~ Tennis 421458-01

These group lessons are designed for students who love the game of tennis. Hone your skills on our courts with fellow tennis enthusiasts.

Dates: April 14 - May 19
Day: Monday
Time: 5:00 p.m. - 6:00 p.m.
Ages: 8-12 years
Location: Krueger Park Tennis Courts
Min/Max: 7/10
Fee: \$51 Resident, \$56 Non-Resident

Homeschool Gym

Join us for homeschool gym, a dynamic program designed for families to enjoy physical activity in a supportive and social environment. Our program focuses on promoting fitness and teamwork through a variety of fun games and exercises. It offers a great opportunity for children to stay active, make friends, and develop skills.

Day: Mondays & Thursdays
January 13 - February 17 321305-01
Date: March 3 - April 10 421405-01
Time: 10:30 a.m. - 11:30 a.m.
Ages: 6-12 years
Location: Krueger Park Gym
Min/Max: 6/12
Fee: \$50 Resident, \$55 Non-Resident
 \$6 Walk-In

Homeschool Craft

326300-01

Does your child like to create things from imagination? Then come and join us for a class where your child can explore a blend of creativity and hands-on fun! Children can unleash their imagination as they engage in a wide range of crafts such as making a bird feeder, snow globes and many more!

Date: January 16 - February 20
Day: Thursdays
Time: 11:30 a.m. - 12:15 p.m.
Ages: 6-12 years
Location: Krueger Park Activity Room C
Min/Max: 6/12
Fee: \$35 Resident, \$40 Non-Resident

Flag Football

421444-01

Catching and throwing are only part of Flag Football. Come and learn the basics of how to throw and catch a ball while learning the rules for playing Flag Football. Participants will form teams each week to play a game while understanding simple techniques to improve their game. **Note: Fee includes a t-shirt and equipment. No tackling allowed during this sport.**

Dates: February 25 - April 1
Day: Tuesday
Time: 4:30 p.m. - 5:30 p.m.
Ages: 9-13 years
Location: Krueger Park Gym
Min/Max: 8/24
Fee: \$55 Resident, \$60 Non-Resident

Krueger Gardeners

426410-01

Spring gardens are magical places, full of new life and little mysteries just waiting to be discovered. Join for an adventure where kids will plant a seed and watch it grow through this 4-week course, where they'll learn all about gardening through play, exploring and nature-related crafts. Each week, children will explore plant parts and uncover what plants need to grow.

Dates: April 2 - April 23
Day: Wednesday
Time: 4:00 p.m. - 4:45 p.m.
Ages: 6-9 years
Location: Krueger Park Activity Room C
Min/Max: 6/12
Fee: \$36 Resident, \$41 Non-Resident

Glow in the Dark Dodgeball

421486-01

Turn down the lights and put on some neon! Come out and enjoy a fun new way of playing dodgeball in the dark! A night full of fun, laughter, and pizza. Glowsticks will be given to wear, and pizza and refreshments will be served. Come with a bright shirt on and get ready to dodge, dip, and dive.

Date: March 21
Day: Friday
Time: 6:30 p.m. - 8:00 p.m.
Ages: 9-12 years
Location: Krueger Park Gym
Min/Max: 10/20
Fee: \$13 Resident, \$15 Non-Resident

Horseback Riding Lessons

Staff will teach riders for pleasure or to show competitively. All riders must sign a release waiver and wear safety helmet while riding. Helmets are available to rent for \$2 per time. All riders must wear long pants. No shorts. All lessons are fully-supervised.

NOTE: Bring your receipt to the stables to set-up time and day. Call stables at 708-598-7718 for more information or visit their website at newtraditionsridingacademy.com.

Dates: December-February 301310-01
 March-May 401410-01
Location: New Traditions Riding Academy
 10100 S. Kean Ave.
Ages: 7 years & up
Fees: Beginner: \$265 (5x Lessons)
 Beginner: \$530 (10x Lessons)
 Non-residents pay \$10 more to the prices listed

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YOUTH ACTIVITIES

Friday Hoops

Play basketball with your friends or just come out to shoot around. Pay at the door and enjoy fast break games. A maximum of 25 players are allowed in the gym at one time. **NOTE: All players must fill out a Friday Hoops form before participating.**

Dates: January 10 - May 30

Day: Friday

Grades/Times: 5th - 8th Grade 421436-01

4:00 p.m. - 6:00 p.m.

9th-12th Grade 431436-01

6:30 p.m. - 8:30 p.m.

Location: Krueger Park Gym

Min/Max: 12/25

Fee: \$6 (each day pay at the door, 5th - 8th)

\$8 (each day pay at the door, 9th - 12th)

Cash Only!

NO Hoops February 7, March 21, April 18,25

Recreational Volleyball

This instructional program for boys and girls will stress overhand serving, passing, setting, footwork and fun. Games will be held each week.

Time p.m.:

Dates: Jan 16 eb 7

Mar 3 - 4

Day: Thursday

Beginner

4:30 - 5:45

321376-01

4 1476-01

Intermediate

6:00 - 7:15

321376-02

4 1476-02

Ages:

10-16 years

Location:

Krueger Park Gym

Min/Max:

7/12

Fee:

\$50 Resident, \$55 Non-Resident